

## PSALM 104

*Alleluia.*

1. Give thanks unto the Lord, and call upon His name; declare His work unto the nations.
  2. Sing unto Him, sing to Him with the harp; always recount His amazing works.
  3. Glory in His holy name; may the heart of them that seek the Lord rejoice.
  4. Seek the Lord, and be strengthened; seek His face constantly.
5. Recall His marvelous accomplishments, His miracles, and the judgments of His mouth.
  6. You seed of Abraham, His servants, you sons of Jacob, His chosen.
  7. He is the Lord our God, His judgments are in all the earth.
8. His covenant is remembered eternally, the word that He entrusted unto a thousand generations.
  9. He ordained it to Abraham, and by His oath to Isaac.
  10. And He confirmed it to Jacob as an edict and to Israel as an eternal covenant,
  11. saying: "Unto you I give the land of Canaan, the portion of your inheritance."
  12. Although they were few in number, very few, and migrants within it,
  13. and traveling from nation to nation and from one kingdom to another people.
14. Nor did He allow any man to annoy them; indeed, He rebuked kings for their sake:
  15. "Do not touch My anointed, and to My prophets cause no mischief."
  16. And He invoked a famine upon the land; dashing all sources of bread.
  17. He sent a man before them, Joseph, who became a slave.
  18. Whose feet were degraded by chains; his life was spent in irons,
19. until his day of reckoning came to pass, when the word of the Lord gave proof of him.
  20. The king, the ruler of the people, dispatched his pardon and released him.
  21. He appointed him lord of his house, and ruler of all his possessions,
  22. to discipline his princes as he would, and to instruct the elders wisely.
  23. Israel came into Egypt, and Jacob sojourned in the land of Cham\*.
  24. And His people prospered greatly, and they prevailed over their foes.
25. And their [foes'] heart was turned to hating His people, and dealing treacherously with His servants.
  26. He dispatched His servant Moses, and Aaron His chosen one.
  27. He placed the words of His sign upon them, and His miracles in the land of Cham.
  28. He sent darkness, and it became dark, and His words embittered them.
  29. He converted their waters into blood, and killed their fish.
  30. Their land teemed with frogs, even in the private chambers of their king.
  31. He spoke, and a swarm of flies came, and gnats in all their confines.
  32. He caused the rain to be hail, and fire to burn their land.
33. He trampled their vines and their fig trees, and crushed all the trees in their bounds.
  34. He spoke and the locusts and grasshoppers came forth without number,
  35. And they devoured all the vegetation and all the fruit of their land.

*(This psalm is continued on Page 3)*

## SAINT SOPHIA GREEK ORTHODOX CATHEDRAL

Ὁ Ναός τῆς Ἁγίας Σοφίας τοῦ Θεοῦ

Washington, D.C.

February 14, 2010

Cheesefare Sunday

The Tone for this day is - Three

The Morning Gospel of the Orthros is - No. 3

Mark 16:9-20

Now when he rose early on the first day of the week, he appeared first to Mary Magdalene, from whom he had cast out seven demons. She went and told those who had been with him, as they mourned and wept. But when they heard that he was alive and had been seen by her, they would not believe it. After these things he appeared in another form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them. Afterward he appeared to the eleven themselves as they were reclining at table, and he rebuked them for their unbelief and hardness of heart, because they had not believed those who saw him after he had risen. And he said to them, "Go into all the world and proclaim the gospel to the whole creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And these signs will accompany those who believe: in my name they will cast out demons; they will speak in new tongues; they will pick up serpents with their hands; and if they drink any deadly poison, it will not hurt them; they will lay their hands on the sick, and they will recover." So then the Lord Jesus, after he had spoken to them, was taken up into heaven and sat down at the right hand of God. And they went out and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen