

PSALM 111

Alleluia.

1. Blessed is the man that fears the Lord; he will comply readily to His commandments.
2. His offspring will be mighty upon the land; his upright descendents will be blessed.
3. Glory and wealth will be in his home, and his righteousness shall endure
from ages to ages.
4. The light of righteousness is risen from the darkness;
a light of mercy, compassion, and justice.
5. The good man is he that shows compassion, and who is accommodating.
He controls his words in times of contention.
6. But he will never be moved. **The righteous shall be remembered eternally.**
7. **He shall not be frightened by evil tidings;** for his heart is ready to hope in the Lord.
8. His heart is sustained, he shall not fear, not even when he comes upon his enemies.
9. He has dispensed freely, he has given to the poor;
his righteousness endures to the ages of ages. His horn shall be raised high in glory.
10. The sinner shall see this and will be exasperated; he shall gnash his teeth,
and waste away. The lust of the sinner departs.

Glory. Both now. Alleluia.

This is the third psalm of Kathisma XVI and the second of the *Alleluia* psalms. It is looked upon as a “wisdom” psalm providing contrasting views on the righteous and the sinners.

Verses 6[b] and 7[a] serve as the Communion Hymn in commemorations for Venerable Fools in Christ, Martyrs, Priest Martyrs, Women Saints, & Confessors.

Verses 1 and 2[b] are the Alleluia verses for Fools in Christ, Venerable Martyrs, Confessors.

Verses 1, 2 & 3 are the responses to the second Antiphon of the liturgy on the Nativity of our Lord.

Compiled by John P. Nasou, M.D.

SAINT SOPHIA GREEK ORTHODOX CATHEDRAL

Ὁ Ναός τῆς Ἁγίας Σοφίας τοῦ Θεοῦ

Washington, D.C.

April 11, 2010

Second Sunday of Easter

Thomas Sunday

There is no Tone for this day.

The Morning Gospel of the Orthros is No. 1

Matthew 28:16-20

At that time the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. And when they saw him they worshiped him, but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

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Following this Gospel at the Orthros, the reader then states:

**Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus,
the only sinless one.**

**We venerate Your Cross, O Christ, and Your holy Resurrection we praise and
glorify; for You are our God, we know no other; it is Your name we invoke.**

**Come, all you faithful, let us worship Christ's holy Resurrection; for behold,
through the Cross joy has come to all the world.**

Ever blessing the Lord, let us praise His Resurrection.

For in enduring the Cross for us, He destroyed death by death.

(This is followed by the chanting of the 50th Psalm)

PROKEIMENON

**Great is the Lord and great is his power.
Praise the Lord, for the Lord is good. (Psalm 146:5; 134:3)**

Sunday of Saint Thomas the Apostle

The Epistle Reading is from The Acts of the Apostles 5:12-20

IN THOSE DAYS, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

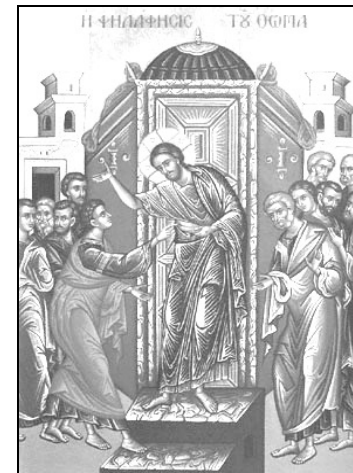
The Gospel Lesson is from John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."
Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to

them: "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe."

Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.



"Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing."
Thomas answered Him,
"My Lord and My God!"