

PSALM 128

A Song of Ascents

1. Often have they warred against me from my youth,
now let Israel say:
2. Often have they warred against me from my youth,
and yet they have not prevailed against me.
3. Sinners have worked behind my back.
They have extended their iniquity.
4. The righteous Lord has severed the necks of the sinners.
5. May all that hate Sion be shamed and caused to retreat.
6. Let them be as the herbage of the house,
which withers before it is harvested.
7. That does not fill the arms of the reaper,
nor the lap of him that gathers up the sheaves.
8. Neither do the passersby say, "The blessing of the Lord be upon you,
we have blessed you in the name of the Lord."

Glory, now and ever. Alleluia

This is the tenth psalm of Kathisma XVIII.

Psalm 119 and the following psalms through Psalm 133 are titled *Songs of Ascent* [Ὁδὴ τῶν ἀναβαθμῶν] because they were sung by the Hebrews as they ascended up the mount to Jerusalem on their high holidays when this journey was a pilgrimage for them to the Temple. All of these psalms are read during the Kathismata of the Presanctified Liturgy as a sign of our ascent through Great Lent to Pascha.

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SAINT SOPHIA GREEK ORTHODOX CATHEDRAL

Ὁ Ναός τῆς Αγίας Σοφίας τοῦ Θεοῦ

Washington, D.C.

August 15, 2010

Sunday of the Dormition of the Theotokos

The Tone for this day is the Third

The Morning Gospel of the Orthros is for this Holy Day

Luke 1:39-49, 56

In those days, Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zacharias and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the babe in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord."

And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name." And Mary remained with her about three months, and returned to her home.

PROKEIMENON: **My soul doth magnify the Lord**
For He hath regarded the low estate of His Handmaiden. Luke 1:46 + 47

The Epistle for this Holy Day is from Philippians 2:5-11

BRETHREN have this mind in you, which was also in Christ Jesus: who, existing in the form of God, counted not the being on an equality with God a thing to be grasped, but emptied himself, taking the form of a servant, being made in the likeness of men; and being found in fashion as a man, he humbled himself, becoming obedient *even* unto death, yea, the death of the cross. Wherefore also God highly exalted him, and gave unto him the name which is above every name; that in the name of Jesus every knee should bow, of *things* in heaven and *things* on earth and *things* under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

The Gospel Lesson for this Holy Day is from Luke 10:38-42, 11; 27-28

AT THAT TIME as they went on their way, he entered into a certain village: and a certain woman named Martha received him into her house. And she had a sister called Mary, who also sat at the Lord's feet, and heard his word. But Martha was cumbered about much serving; and she came up to him, and said, Lord, dost thou not care that my sister did leave me to serve alone? bid her therefore that she help me. But the Lord answered and said unto her, Martha, Martha, thou art anxious and troubled about many things: but one thing is needful: for Mary hath chosen the good part, which shall not be taken away from her. And it came to pass, as he said these things, a certain woman out of the multitude lifted up her voice, and said unto him, Blessed is the womb that bare thee, and the breasts which thou didst suck. But he said, Yea rather, blessed are they that hear the word of God, and keep it.

The Dormition of Our Most Holy Lady the Theotokos and Ever Virgin Mary

Concerning the Dormition of the Theotokos, this is what the Church has received from ancient times from the tradition of the Fathers. When the time drew night that our Savior was well-pleased to take His Mother to Himself, He declared unto her through an Angel that three days hence, He would translate her from this temporal life to eternity and bliss. On hearing this, she went up with haste to the Mount of Olives, where she prayed continuously. Giving thanks to God, she returned to her house and prepared whatever was necessary for her burial. While these things were taking place, clouds caught up the Apostles from the ends of the earth, where each one happened to be preaching, and brought them at once to the house of the Mother of God, who informed them of the cause of their sudden gathering. As a mother, she consoled them in their affliction as was meet, and then raised her hands to Heaven and prayed for the peace of the world. She blessed the Apostles, and, reclining upon her bed with seemliness, gave up her all-holy spirit into the hands of her Son and God.

With reverence and many lights, and chanting burial hymns, the Apostles took up that God-receiving body and brought it to the sepulchre, while the Angels from Heaven chanted with them, and sent forth her who is higher than the Cherubim. But one Jew, moved by malice, audaciously stretched forth his hand upon the bed and immediately received from divine judgment the wages of his audacity. Those daring hands were severed by an invisible blow. But when he repented and asked forgiveness, his hands were restored. When they had reached the place called Gethsemane, they buried there with honor the all-immaculate body of the Theotokos, which was the source of Life. But on the third day after the burial, when they were eating together, and raised up the artos (bread) in Jesus' Name, as was their custom, the Theotokos appeared in the air, saying "Rejoice" to them. From this they learned concerning the bodily translation of the Theotokos into the Heavens.

These things has the Church received from the traditions of the Fathers, who have composed many hymns out of reverence, to the glory of the Mother of our God.