



SAINT SOPHIA GREEK ORTHODOX CATHEDRAL



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Sunday Worship: Orthros 9:00 AM, Divine Liturgy 10:00 AM.



Sunday, May 16, 2010

Sunday of the First Ecumenical Council

The Tone for this day is Plagal 2- The Morning Gospel of the Orthros is the Tenth (John 21:1-14)

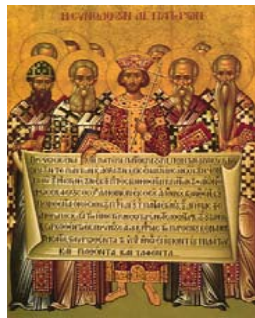
Epistle Reading: Acts of the Apostles 20:16-18, 28-36

Gospel Reading: John 17:1-13;



During the reading of the Gospel and during the consecration of the Holy gifts (Se ymnoumen), movement within the Church should cease, even of the lighting of candles. These are especially holy moments and we should assume a more prayerful attitude.

FATHERS OF THE FIRST COUNCIL



The heresiarch Arius was a Libyan by race and a protopresbyter of the Church of Alexandria. In 315, he began to blaspheme against the Son and Word of God, saying that He is not true God, consubstantial with the Father, but is rather a work and creation, alien to the essence and glory of the Father, and that there was a time when He was not. This frightful blasphemy shook the faithful of Alexandria. Alexander, his Archbishop, after trying in vain to correct him through admonitions, cut him off from communion and finally in a local council deposed him in the year 321. Yet neither did the blasphemer wish to be corrected, nor did he cease sowing the deadly tares of his heretical teachings; but writing to the bishops of other cities, Arius and his followers requested that his doctrine be examined, and if it were unsound, that the correct teaching be declared to him. By this means, his heresy became universally known and won many supporters, so that the whole Church was soon in an uproar.

Therefore, moved by divine zeal, the first Christian Sovereign, Saint Constantine the Great, the equal to the Apostles, summoned the renowned First Ecumenical Council in Nicaea, a city of Bithynia. It was there that the shepherds and teachers of the Church of Christ gathered from all regions in the year 325. All of them, with one mouth and one voice, declared that the Son and Word of God is one in essence with the Father, true God of true God, and they composed the holy Symbol of Faith up to the seventh article (since the remainder, beginning with "And in the Holy Spirit," was completed by the Second Ecumenical Council). Thus they anathematized the impious Arius of evil belief and those of like mind with him, and cut them off as rotten members from the whole body of the faithful.

Therefore, recognizing the divine Fathers as heralds of the Faith after the divine Apostles, the Church of Christ has appointed this present Sunday for their annual commemoration, in thanksgiving and unto the glory of God, unto their praise and honour, and unto the strengthening of the true Faith.

Clergy

Rev. Dr. John T. Tavlarides

Dean

Rev. Dr. Steven P. Zorzos

Associate

Parish Council

President:

John G. Polis

Vice-President:

Mitchel J. Papanicolas

Secretary:

George P. Paul

Treasurer:

Louis P. Averinos

Diane Cerniglia

James G. Charles

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Amanda K. Lockhart

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Alexa L. Nicolaides

Catherine Mary Rafferty

Thomas Z. Zambetis

Chanter

Christina Indianos

Organist

Elaine George

Sexton

Johnny Rios

Maintenance

Angel Claure

Office Administrator

Despina Tsamoudakis



ANNOUNCEMENTS

FESTIVAL COMMITTEE

Enjoy your dinner at our Annual Spring Greek Festival.
Come and support our event!

Saint Sophia Annual Spring Raffle.
Drawing is to be held tonight at 8:00 PM.



Only 1,000 tickets will be sold so you have a terrific chance of winning a brand new 2010 Mercedes-Benz GLK 350 4-Matic Luxury SUV or \$40,000 in CASH!

The tickets are \$100 each and all proceeds go to the Cathedral general operating fund. The winner need not be present to win. Licensed by the D.C. Lottery and Charitable Games Control Board. Please return your stubs and money in person to the Raffle booth located in the auditorium.

FEAST DAY OF SAINTS CONSTANTINE & HELEN

On Thursday, May 20, our sister community of Saints Constantine & Helen in Washington, D.C., will celebrate Great Vespers in recognition of their Patron Saints, at 7:00 PM. Also, Father Manousakis would like to invite all of our parishioners to celebrate the Divine Liturgy on Friday, May 21st. Orthros commences at 9:00 AM followed by the Divine Liturgy at 10:00 AM. There will be no Divine Liturgy celebrated at Saint Sophia Cathedral.

A light reception will be held in the Saints Constantine & Helen church hall following both services (Vespers and Divine Liturgy) during which a power point presentation will be made unveiling the proposed new Saints Constantine & Helen complex.

GREEK LANGUAGE SCHOOL

Saint Sophia Greek Language School Graduation Ceremony will be held at the Cathedral auditorium on May 22nd at 10AM.

UPCOMING DIVINE LITURGIES

Saturday, May 22 — Of the Souls. Divine Liturgy and Blessing of Wheat. Names of deceased to be brought to Cathedral for commemoration. Divine Liturgy 9:30.

Sunday, May 23 – Pentecost

Monday, May 24 — Of the Holy Spirit. Feast Day of the Cathedral. Orthros 8:30 AM, Divine Liturgy 9:30

GOOD COMPANY – KALI PAREA

Please join us this Tuesday, May 18th, at 12:30 pm for lunch and a lecture on icons by Faye Peponis: Sanctity, Symbolism and Spirituality. She will discuss the development of iconography as Scripture in Color in our Orthodox Tradition, the role of the icon in Orthodox worship, and the expanding recognition and relevance of icons in contemporary society. Bring a friend!

SUNDAY SCHOOL GOYA

10 tickets remaining!

In order to secure a group rate for the tickets to Kings Dominion on May 22nd, we need to know how many will be able to attend by April 18th. The ticket price is \$35.00 per participant, and all family members are welcome. GOYA will again be providing lunch for everyone. No bus transportation will be provided. However, we have several families with large vehicles who will be happy to provide transportation. Please either e-mail Eleni Planzos at esplanzos@verizon.net, or call her at 301-871-9196, for more info.

Save the Date

The 2010 Holiday Dance "WHITE CHRISTMAS"

Saturday, **November 13**, 2010

Dinner, Dancing to Greek and American Music And more!

Details and Invitations coming soon!

PIANO LESSONS

For children and adults now offered in the Frosene Center. Contact Linda Fotis 301-529-3802 or e-mail he at: linda.fotis@gmail.com.

Sunday School

Director

Rev. Dr. John T. Tavlarides

Administrators

Ann Backus & Vivian Kambanis

Sunday School Little Angels

Advisors

Dina Margas

Kathy Harrison

Maria Spanos

Sunday School JOY

Advisors

Deborah Charles

Wendy Myseros

Angela Zambetis

Sunday School GOYA

Co-Presidents

Paul Balland

Despina Costalas

Sunday School GOYA Activities

Eleni Planzos, Coordinator

Sunday School Basketball

Boys Coaches

George C. Wallace

George Kambanis

Girls Coaches

Peter Wallace

Condylia Heliotis

GOYAL

President

Melissa Simones

Philoptochos Society

President

Patricia Gogos

Greek School - Children

Director

George Goudouvas

Greek School - Adults

Director

Alexandros Alexandrou

Bookstore

Anastasia Boudouvas

Arthur Lalos

Festival Committee

Chairman

James G. Charles



Blessed are You, O Christ our God. You showed the fishermen to be wise
in all things when You sent down the Holy Spirit on them; and through them
You drew the world into Your net. O Lover of humanity, glory to You.



Hospital Calls: Our priests make hospital calls upon request. However, to avoid misunderstandings, they will only respond to the call of an immediate family member of the hospitalized person.

Change of Address and Phone Number. Please inform the Church office for change of address and phone number prior to your moving. Thank you!



CATHEDRAL BOOKSTORE



Visit the Cathedral Bookstore in the Auditorium after Liturgy today for a large selection of theological and liturgical books, icons, Byzantine music CDs, and tapes. If you have any questions please contact Mrs. Anastasia Boudouvas about our Easter Specials on books and CDs. Some items are also available online.

Please note:

Deadline for announcements for the Sunday Bulletin is **THURSDAY 12:00 Noon.**

Please submit notices to the Church Office by mail, fax or e-mail.