



SAINT SOPHIA GREEK ORTHODOX CATHEDRAL



36th Street and Massachusetts Avenue, NW
Washington, DC 20007
Tel: 202-333-4730 Fax: 202-625-7173
Website: <http://www.saintsophiawashington.org>
E-mail: office@saintsophiawashington.org
Sunday Worship: Orthros 9:00 AM, Divine Liturgy 10:00 AM.



Clergy

Rev. Dr. John T. Tavlarides
Dean
Rev. Dr. Steven P. Zorzos
Associate

Parish Council

President:
John G. Polis
Vice-President:
Mitchel J. Papanicolas
Secretary:
George P. Paul
Treasurer:
Louis P. Averinos

Diane Cerniglia
James G. Charles
Fotini Economides
Peter D. Koutsandreas
Christos K. Kyriazi
Amanda K. Lockhart
Theodosios Margas
Alexa L. Nicolaidis
Catherine Mary Rafferty
Thomas Z. Zambetis

Chanter

Christina Indianos

Organist

Elaine George

Sexton

Johnny Rios

Maintenance

Angel Claure

Office Administrator

Despina Tsamoudakis

Sunday, May 23, 2010

Pentecost Sunday

The Tone for this day is Plagal 2- The Morning Gospel of Orthros for this Great Feast is Seasonal (John 20:19-23)

Epistle Reading: Acts of the Apostles 2:1-11

Gospel Reading: John 7:37-52; 8:1-13



During the reading of the Gospel and during the consecration of the Holy gifts (Se ymnoumen), movement within the Church should cease, even of the lighting of candles. These are especially holy moments and we should assume a more prayerful attitude.

UPCOMING DIVINE LITURGY

Monday, May 24

Of the Holy Spirit. Feast Day of the Cathedral. Orthros 8:30 AM, Divine Liturgy 9:30.
A Light Reception will follow.

SPRING FESTIVAL 2010

We would like to Thank all our volunteers and staff for helping us achieve a Cathedral record of \$259,604 sales. Also, the winning raffle ticket number for the Mercedes or \$40,000 cash prize is #216.



MICHAEL THE CONFESSOR, BISHOP OF SYNADON

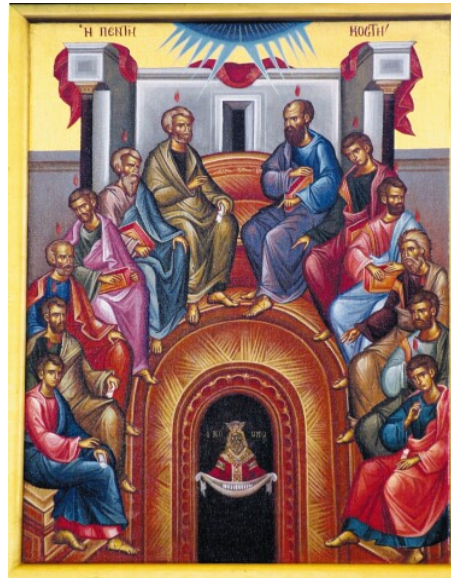


This Saint was from Synnada in Phrygia of Asia Minor. In Constantinople he met Saint Theophylact (see Mar. 8); the holy Patriarch Tarasius, learning that Michael and Theophylact desired to become monks, sent them to a monastery on the Black Sea. Because of their great virtue, Saint Tarasius afterwards compelled them to accept consecration, Theophylact as Bishop of Nicomedia, and Michael as Bishop of his native Synnada. Because Saint Michael fearlessly confessed the veneration of the holy icons, he was banished by the Iconoclast Emperor Leo V the Armenian, who reigned from 813 to 820. After being driven from one place to another, in many hardships and bitter pains, Saint Michael died in exile.

ANNOUNCEMENTS

PHILOPTOCHOS

The Philoptochos society is hosting a light reception after Divine Liturgy today to celebrate Pentecost.



We need your help to find a trained social worker to serve in Philoptochos. Please contact Philoptochos president, Pat Gogos at 202-333-0738 or pagogos@aol.com or Father Steve with any information. Thank you.

1ST MONDAY AFTER PENTECOST

As it is the custom of the Church, on the day after every great Feast, to honour those through whom it came to pass our Lady on the day after the Lord's Nativity, Joachim and Anna after our Lady's Nativity, the holy Baptist the day after Theophany, and so forth, on this day we honour our God the All-holy Spirit, the Comforter promised by our Saviour to His disciples (John 14:16), Who descended upon them at holy Pentecost and guided them "into all truth" (ibid. 16:13), and through them, us.



Please visit our website at www.saintsophiawashington.org

Save the Date

The 2010 Holiday Dance "WHITE CHRISTMAS"

Saturday, **November 13, 2010**

Dinner, Dancing to Greek and American Music And more!
Details and Invitations coming soon!

PIANO LESSONS

For children and adults now offered in the Frosene Center. Contact Linda Fotis 301-529-3802 or e-mail he at: linda.fotis@gmail.com.

Sunday School

Director
Rev. Dr. John T. Tavlarides
Administrators
Ann Backus & Vivian Kambanis

Sunday School Little Angels

Advisors
Dina Margas
Kathy Harrison
Maria Spanos

Sunday School JOY

Advisors
Deborah Charles
Wendy Myseros
Angela Zambetis

Sunday School GOYA

Co-Presidents
Paul Balland
Despina Costalas

Sunday School GOYA Activities

Eleni Planzos, Coordinator

Sunday School Basketball

Boys Coaches
George C. Wallace
George Kambanis

Girls Coaches

Peter Wallace
Condylia Heliotis

GOYAL

President
Melissa Simones

Philoptochos Society

President
Patricia Gogos

Greek School - Children

Director
George Goudouvas

Greek School - Adults

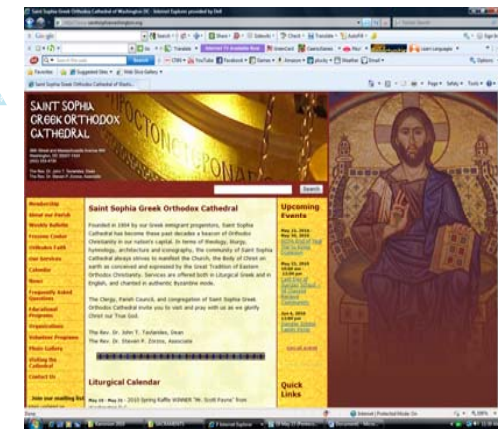
Director
Alexandros Alexandrou

Bookstore

Anastasia Boudouvas
Arthur Lalos

Festival Committee

Chairman
James G. Charles





Blessed are You, O Christ our God. You showed the fishermen to be wise
in all things when You sent down the Holy Spirit on them; and through them
You drew the world into Your net. O Lover of humanity, glory to You.



Hospital Calls: Our priests make hospital calls upon request. However, to avoid misunderstandings, they will only respond to the call of an immediate family member of the hospitalized person.

Change of Address and Phone Number. Please inform the Church office for change of address and phone number prior to your moving. Thank you!



CATHEDRAL BOOKSTORE



Visit the Cathedral Bookstore in the Auditorium after Liturgy today for a large selection of theological and liturgical books, icons, Byzantine music CDs, and tapes. If you have any questions please contact Mrs. Anastasia Boudouvas about our Easter Specials on books and CDs. Some items are also available online.

Please note:

Deadline for announcements for the Sunday Bulletin is **THURSDAY 12:00 Noon.**

Please submit notices to the Church Office by mail, fax or e-mail.