



# SAINT SOPHIA GREEK ORTHODOX CATHEDRAL



36th Street and Massachusetts Avenue, NW  
Washington, DC 20007  
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Website: <http://www.saintsophiawashington.org>  
E-mail: [office@saintsophiawashington.org](mailto:office@saintsophiawashington.org)  
Sunday Worship: Orthros 9:00 AM, Divine Liturgy 10:00 AM.



## Clergy

Rev. Dr. John T. Tavlarides  
*Dean*  
Rev. Dr. Steven P. Zorzos  
*Associate*

## Parish Council

*President:*  
John G. Polis  
*Vice-President:*  
Mitchel J. Papanicolas  
*Secretary:*  
George P. Paul  
*Treasurer:*  
Louis P. Averinos

Diane Cerniglia  
James G. Charles  
Fotini Economides  
Peter D. Koutsandreas  
Christos K. Kyriazi  
Amanda K. Lockhart  
Theodosios Margas  
Alexa L. Nicolaidis  
Catherine Mary Rafferty  
Thomas Z. Zambetis

## Chanter

Christina Indianos

## Organist

Elaine George

## Sexton

Johnny Rios

## Maintenance

Angel Claure

## Office Administrator

Despina Tsamoudakis



## Sunday, June 6, 2010

*Second Sunday of Matthew*

The Tone for this day is the First- The Morning Gospel of Orthros the Second (Mark 16:1-8)

**Epistle Reading:** St. Paul's Letter to the Romans 2:10-16;

**Gospel Reading:** Matthew 4:18-23;



## Memorial Services: Efstratios Stratigeas

Today's Coffee Hour is sponsored by  
the Board of Trustees.



For the next two Sundays the Cathedral will host a visiting chanter from Thessaloniki, Greece who could possibly join our staff.



During the reading of the Gospel and during the consecration of the Holy gifts (Se ymnoumen), movement within the Church should cease, even of the lighting of candles. These are especially holy moments and we should assume a more prayerful attitude.



## 2ND SUNDAY OF MATTHEW

### Second Eothinon

### Resurrectional Apolytikion in the First Tone

The stone had been secured with a seal by the Judeans, \* and a guard of soldiers was watching Your immaculate body. \* You rose on the third day, O Lord \* and Savior, granting life unto the world. \* For this reason were the powers of heaven crying out to You, O Life-giver: \* Glory to Your resurrection, O Christ; \* glory to Your eternal rule; \* glory to Your dispensation, only One who loves mankind.

### Resurrectional Kontakion in the First Tone

You arose from the sepulcher in glory as God, and with yourself resurrected the world. And mortal nature extolled You as God, and death was obliterated, and Adam is dancing, O Master; and Eve, now redeemed from the bonds, rejoices crying out: O Christ, You are He who grants resurrection to all.

### Seasonal Kontakion in the Plagal of the Second Tone

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

## ANNOUNCEMENTS

### FOOD DRIVE

Please remember to bring your food and toiletry donations to Church this Sunday. There will be carts for drop off by the Library and in the auditorium by the doors of the kitchen."

### GOOD COMPANY — KALI PAREA

Please join us at the Good Company - Kali Parea program on Tuesday, June 15th, at 12:30 pm for lunch and a presentation by Dr. Spiro Manolas on his book, *American Arms, Greek Blood: The Greek Guerrilla War 1946-1950*. Dr. Manolas' book describes the full range of guerrilla warfare and limited conflict, and how the Greeks rescued their country from the fate of Communism that was to befall the rest of Eastern Europe during and following World War II. Dr. Manolas provides new insights on the geopolitical and geostrategic stakes that drove the war. Bring a friend! We will be on break during July and August, and so this is our last gathering for the current ecclesiastical year. Enjoy the summer and plan to join us for the resumption of Good Company - Kali Parea on Tuesday, September 21st. If you have any program suggestions, please contact Catherine Mary Rafferty (202-246-8445 or [cm.rafferty@verizon.net](mailto:cm.rafferty@verizon.net)).

### PHILOPTOCHOS

Our most qualified and long serving Social Service Chairman, Jan Labovites, will be retiring from her responsibilities in September. If you or someone you know has been trained as a Social Worker, please contact Philoptochos President, Pat Gogos 202 333-0738 or [pagogos@aol.com](mailto:pagogos@aol.com) or Father Steve. Jan will be available to help in the transition.

### SAVE THE DATE

The 2010 Fall Dance  
"Byzantine Ball"  
Saturday, **November 13, 2010**



We are looking for volunteers to assist with the Byzantine Ball. Please meet us in the auditorium immediately after Divine Liturgy on Sunday, July 11th.

### MEMBERSHIP DIRECTORY

Please return your Membership Directory form as soon as possible! We have extended the deadline to June 20th. This is an opt-in Directory for current dues-paying Cathedral members to promote fellowship. There is no charge to be listed.

You will be included in the Directory only if you return the completed form to the Office. Please call Stephanie Polis (202-257-5285) or Catherine Mary Rafferty (202-246-8445) with any questions.

### PIANO LESSONS

For children and adults now offered in the Frosene Center. Contact Linda Fotis 301-529-3802 or e-mail her at: [linda.fotis@gmail.com](mailto:linda.fotis@gmail.com).

## HILARION THE NEW OF DALMATION MONASTERY

Saint Hilarion, the fervent zealot for the veneration of the holy icons, was born in 775 and had Cappadocia as his homeland. About 806-811 he became Abbot of the Monastery of Dalmatus (see May 30), but was exiled by the Emperor Leo the Armenian, and later again by Theophilus; he was set free by the pious Empress Theodora, and again became Abbot of the Monastery of Dalmatus from 843 to 845, until the time of his repose.

Please visit our website at  
[www.saintsophiawashington.org](http://www.saintsophiawashington.org)



## Sunday School

*Director*  
Rev. Dr. John T. Tavlarides  
*Administrators*  
Ann Backus & Vivian Kambanis

## Sunday School Little Angels

*Advisors*  
Dina Margas  
Kathy Harrison  
Maria Spanos

## Sunday School JOY

*Advisors*  
Deborah Charles  
Wendy Myseros  
Angela Zambetis

## Sunday School GOYA

*Co-Presidents*  
Paul Balland  
Despina Costalas

## Sunday School GOYA Activities

Eleni Planzos, Coordinator

## Sunday School Basketball

*Boys Coaches*  
George C. Wallace  
George Kambanis

## Girls Coaches

Peter Wallace  
Condylia Heliotis

## GOYAL

*President*  
Melissa Simones

## Philoptochos Society

*President*  
Patricia Gogos

## Greek School - Children

*Director*  
George Goudouvas

## Greek School - Adults

*Director*  
Alexandros Alexandrou

## Bookstore

Anastasia Boudouvas  
Arthur Lalos

## Festival Committee

*Chairman*  
James G. Charles



Blessed are You, O Christ our God. You showed the fishermen to be wise  
in all things when You sent down the Holy Spirit on them; and through them  
You drew the world into Your net. O Lover of humanity, glory to You.



**Hospital Calls:** Our priests make hospital calls upon request. However, to avoid misunderstandings, they will only respond to the call of an immediate family member of the hospitalized person.

**Change of Address and Phone Number.** Please inform the Church office for change of address and phone number prior to your moving. Thank you!



CATHEDRAL BOOKSTORE



Visit the Cathedral Bookstore in the Auditorium after Liturgy today for a large selection of theological and liturgical books, icons, Byzantine music CDs, and tapes. If you have any questions please contact Mrs. Anastasia Boudouvas about our Easter Specials on books and CDs. Some items are also available online.

**Please note:**

Deadline for announcements for the Sunday Bulletin is **THURSDAY 12:00 Noon.**

Please submit notices to the Church Office by mail, fax or e-mail.