



SAINT SOPHIA GREEK ORTHODOX CATHEDRAL



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Sunday Worship: Orthros 9:00 AM, Divine Liturgy 10:00 AM.



Clergy

Rev. Dr. John T. Tavlarides
Dean
Rev. Dr. Steven P. Zorzos
Associate

Parish Council

President:
John G. Polis
Vice-President:
Mitchel J. Papanicolas
Secretary:
George P. Paul
Treasurer:
Louis P. Averinos

Diane Cerniglia
James G. Charles
Fotini Economides
Peter D. Koutsandreas
Christos K. Kyriazi
Amanda K. Lockhart
Theodosios Margas
Alexa L. Nicolaides
Catherine Mary Rafferty
Thomas Z. Zambetis

Chanter

Christina Indianos

Organist

Elaine George

Sexton

Johnny Rios

Maintenance

Angel Claure

Office Administrator

Despina Tsamoudakis



Sunday, June 13, 2010

Third Sunday of Matthew

The Tone for this day is the Second-The Morning Gospel of Orthros the Third (Mark 16:9-20)

Epistle Reading: St. Paul's Letter to the Romans 5:1-11;

Gospel Reading: Matthew 6:22-33;



Today and next Sunday the Cathedral will host a visiting chanter from Thessaloniki, Greece who could possibly join our staff.



During the reading of the Gospel and during the consecration of the Holy gifts (Se ymnoumen), movement within the Church should cease, even of the lighting of candles. These are especially holy moments and we should assume a more prayerful attitude.



3RD SUNDAY OF MATTHEW

Tone of the week: Tone Two

Third Eothinon

Resurrectional Apolytikion in the Second Tone

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory be to You.

Resurrectional Kontakion in the Second Tone

You rose from the tomb, O Savior all-powerful, * and Hades beheld the marvel and was struck with fear, * and the dead were rising up, and creation beholds and rejoices with You, * and Adam is also exultant; O my Savior, and the world ever sings Your praise.

Seasonal Kontakion in the Plagal of the Second Tone

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.



AKYLINA THE MARTYR OF SYRIA

This Martyr contested in Byblos of Syria during the reign of Diocletian, in 289. Because she taught other young maidens to turn from the idols to Christ, she was brought before the governor. Her ears were pierced with heated spits until blood ran from her nostrils; finally she was beheaded, at the age of ten or twelve.

ANNOUNCEMENTS

GOOD COMPANY — KALI PAREA

Please join us at the Good Company - Kali Parea program on Tuesday, June 15th, at 12:30 pm for lunch and a presentation by Dr. Spiro Manolas on his book, *American Arms, Greek Blood: The Greek Guerrilla War 1946-1950*. Dr. Manolas' book describes the full range of guerrilla warfare and limited conflict, and how the Greeks rescued their country from the fate of Communism that was to befall the rest of Eastern Europe during and following World War II. Dr. Manolas provides new insights on the geopolitical and geostrategic stakes that drove the war. Bring a friend! We will be on break during July and August, and so this is our last gathering for the current ecclesiastical year. Enjoy the summer and plan to join us for the resumption of Good Company - Kali Parea on Tuesday, September 21st. If you have any program suggestions, please contact Catherine Mary Rafferty (202-246-8445 or cm.rafferty@verizon.net).

PHILOPTOCHOS

Our most qualified and long serving Social Service Chairman, Jan Labovites, will be retiring from her responsibilities in September. If you or someone you know has been trained as a Social Worker, please contact Philoptochos President, Pat Gogos 202 333-0738 or pagogos@aol.com or Father Steve. Jan will be available to help in the transition.

SAVE THE DATE

**The 2010 Fall Dance
"Byzantine Ball"
Saturday, November 13, 2010**



We are looking for volunteers to assist with the Byzantine Ball. Please meet us in the auditorium immediately after Divine Liturgy on Sunday, July 11th.

PIANO LESSONS

For children and adults now offered in the Frosene Center. Contact Linda Fotis 301-529-3802 or e-mail her at: linda.fotis@gmail.com.

MEMBERSHIP DIRECTORY

Please return your Membership Directory form as soon as possible! We have extended the deadline to June 20th. This is an opt-in Directory for current dues-paying Cathedral members to promote fellowship. There is no charge to be listed.

You will be included in the Directory only if you return the completed form to the Office. Please call Stephanie Polis (202-257-5285) or Catherine Mary Rafferty (202-246-8445) with any questions.



ELISHA THE PROPHET

The Prophet Elisseus, the son of Saphat, was from the town of Abel-me-oul and had been a husbandman. In the year 908 B.C., at God's command, the Prophet Elias anointed him to be Prophet in his stead. This happened while Elisseus was plowing his land, having twelve oxen under yoke. Straightway, Elisseus slew the oxen and cooked them, using the wooden plough and the other instruments of husbandry as firewood; then he gave the oxen as food to the people. Bidding farewell to his parents, he followed Elias and served him until the latter was taken up as it were into Heaven (see July 20). When Elisseus received his teacher's mantle and the grace of his prophetic spirit twofold, he demonstrated whose disciple he was through the miracles he wrought and through all that is related of him in the Fourth Book of Kings. He departed full of days and was buried in Samaria, about the year 839 B.C. But even after his death God glorified him; for after the passage of a year, when some Israelites were carrying a dead man for burial and suddenly saw a band of Moabites, they cast the dead man on the grave of the Prophet. No sooner had the dead man touched the Prophet's bones, than he came to life and stood on his feet (IV Kings 13:20-21). Mentioning this, Jesus the Son of Sirach says, "He did wonders in his life, and at his death his works were marvelous" (Ecclus. 48:14). It is because of such marvels that the faithful have reverence for the relics of the Saints (see also Jan. 16). His name means "God is savior."



Sunday School

Director
Rev. Dr. John T. Tavlarides
Administrators
Ann Backus & Vivian Kambanis

Sunday School Little Angels

Advisors
Dina Margas
Kathy Harrison
Maria Spanos

Sunday School JOY

Advisors
Deborah Charles
Wendy Myseros
Angela Zambetis

Sunday School GOYA

Co-Presidents
Paul Balland
Despina Costalas

Sunday School GOYA Activities

Eleni Planzos, Coordinator

Sunday School Basketball

Boys Coaches
George C. Wallace
George Kambanis

Girls Coaches

Peter Wallace
Condylia Heliotis

GOYAL

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Melissa Simones

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Greek School - Children

Director
George Goudouvas

Greek School - Adults

Director
Alexandros Alexandrou

Bookstore

Anastasia Boudouvas
Arthur Lalos

Festival Committee

Chairman
James G. Charles



Blessed are You, O Christ our God. You showed the fishermen to be wise in all things when You sent down the Holy Spirit on them; and through them You drew the world into Your net. O Lover of humanity, glory to You.



Hospital Calls: Our priests make hospital calls upon request. However, to avoid misunderstandings, they will only respond to the call of an immediate family member of the hospitalized person.

Change of Address and Phone Number. Please inform the Church office for change of address and phone number prior to your moving. Thank you!



CATHEDRAL BOOKSTORE



Visit the Cathedral Bookstore in the Auditorium after Liturgy today for a large selection of theological and liturgical books, icons, Byzantine music CDs, and tapes. If you have any questions please contact Mrs. Anastasia Boudouvas about our Easter Specials on books and CDs. Some items are also available online.

Please note:

Deadline for announcements for the Sunday Bulletin is **THURSDAY 12:00 Noon.**

Please submit notices to the Church Office by mail, fax or e-mail.